

Perfect timing in winning walk

“WAIT until I get home and tell my husband that I’m perfect,” was Helen Baverstock’s reaction to winning the 2010 Norm Read Memorial Trophy in New Plymouth yesterday.

Baverstock is in her first year of competitive walking with the Taranaki Race Walking Club, but she showed she is a seasoned campaigner when managing to estimate to perfection her time over 10km for the Kaimata street circuit.

The cup is presented to the walker who is closest to their estimated time.

Competitors are not allowed a watch and no times are called during the event.

This year, 31 walkers tried their luck with five walkers finishing within eight seconds of their estimates.

Tom Hastie was runner-up, only 4sec outside his time, and Valda Goodey was third with a difference of 8sec.

In the junior race over 1km, Hannah Gilbert was the winner 2sec out, Nicole Moratti was second 7sec out and Alex Spurdle third with a 16sec difference.