

TARANAKI RACE WALKING CLUB

FIRST DAY CLUB CHAMPIONSHIPS – 5 KM

10 JULY 2016

ERIC AND SERENA – YOU 2016 5KM CLUB CHAMPIONS

A beautiful day in a new neck of the woods for 1st day of club champs 2016. A nice short 500m there and back course allowed for walkers to keep in contact with where everyone else was at.

Sadly, the flu held my attention for my entire race and most of the afternoon afterwards so I apologise for not paying attention to the unfolding of this most important event.

What I did notice was Alan Clarke flying through his laps keeping in whistling distance to the familiar club speedsters. I think he has now elevated himself into this group with a sub 30minute 5km time. A fantastic effort.



Also most noticeable today was the LARGE group of walkers sticking together for a large part of the race. I couldn't hear much talking so they were all making the most of using each other to drive on for fast times. The two fastest walkers exceeding their closed handicap times were both in this group (Gaylene & Dave B) with a 3rd member (Anne) also catching a few extra points.

I certainly noticed Ross Allen slowly extending his lead in front of me. He also enjoyed a fast race time as he refused to let Tony catch him on the finish line.

Sue continued her consistent walking pace to also finish under handicap but just outside the extra points. Nine walkers all walked within 30s of their handicap time today. While its disappointing that they didn't all pick up extra points it is amazing to see how consistently they are able to hold their pace throughout the season.

Eric Kemsley was the fastest male on course today with a speedy time of 28m01s. Serena Coombes was fastest female in 33m23s.

And lastly, the final results show that it is definitely a disadvantage to be male aged between 60 & 64 or a female between 55 & 59. Both these age groups hold very stiff competition and much stronger numbers than any other age group.

Congratulations to everybody for putting in a great effort for Day 1 of the Club champs.

Thank you to all the helpers and both the day's side-line critics ☺. Thanks also to Denise for morning tea facilities.

TODAY'S POINTS

Gaylene – 8 points
Dave B – 7 points
Ross – 6 points
Tamaari – 5 points
Alan – 4 points
Anne – 3 points

POINTS TROPHY STANDINGS

Anne – 36 points
Serena – 35 points
Dave B – 33 points
Alan – 31 points
Peter – 28 points
Gaylene – 28 points
Eric – 26 points
Tony – 26 points

STYLE TROPHY STANDINGS

Eric - 78
Serena - 72
Alan - 67
Anne - 63.5
Michelle - 62.5
Tony - 59
Peter - 55.5
Dave - 53
Helen - 50.5
Harry - 46
Sue - 44
Neil - 31
Ross - 26.5

Member	Grade	Distance	TODAY'S RESULTS				Points
			Placing	Est time	Race Time	Difference	
Tamaari Kupe-Kingi	Junior	3	1st	0:22:15	0:21:42	0:00:33	5
Harry Terwiel	M55	5	1st	0:28:20	0:28:47	0:00:27	2
Peter Fox	M60	5	1st	0:28:25	0:29:22	0:00:57	2
Alan Clarke	M60	5	2nd	0:30:00	0:29:39	0:00:21	4
Ross Allen	M60	5	3rd	0:32:30	0:31:54	0:00:36	6
Tony Burrell	M60	5	4th	0:31:45	0:31:58	0:00:13	2
Eric Kemsley	M65	5	1st	0:27:55	0:28:01	0:00:06	2
Dave Barrett	M65	5	2nd	0:37:40	0:36:52	0:00:48	7
Jeff Wells	M70	5	1st	0:31:30	0:33:25	0:01:55	2
Arthur Lester	M85	3	1st	0:27:15	0:29:10	0:01:55	2
Serena Coombes	W50	5	1st	0:32:30	0:33:23	0:00:53	2
Gaylene Phillips	W55	5	1st	0:37:20	0:35:36	0:01:44	8
Michelle Nicholson	W55	5	2nd	0:37:40	0:37:52	0:00:12	2
MaryAnne Costeloe	W55	5	3rd	0:40:00	0:40:23	0:00:23	2
Helen Baverstock	W55	5		0:35:55	dnf		2
Anne Fraser	W60	5	1st	0:36:05	0:35:52	0:00:13	3
Lorraine Eldershaw	W65	5	1st	0:37:20	0:37:25	0:00:05	2
Sue Park	W70	5	1st	0:43:50	0:43:42	0:00:08	2
Helpers: Peter D, Trevor, Dave W, Mike, Gary, Marlene							2
Judges: Brian and Tanya							3

POINTS TROPHY STANDINGS

Name	Total	Wind Wand	Ivor's Oakura	Serena Sprint	Norm Read	Open Ekiden	Open Walk	Links	Odd Ball	Time Trial	First Day	FoxKaimata Trot	Road OpenChamps	BurnMarton Up Wanga	2nd Day	Wind Down
Anne Fraser	36	5	2	8	2	2	3	2	4	5	3					
Serena Coombes	35	8	5	2	4	2	3	2	4	3	2					
Dave Barrett	33	2	2	6	2	2	1	7	2	2	7					
Alan Clarke	31	2	6		8	2	3	2	2	2	4					
Peter Fox	28	2	3	2		2	3	4	2	8	2					
Gaylene Phillips	28	6	2		2			6	2	2	8					
Tony Burrell	26	3		2	2	2	3	2	8	2	2					
Eric Kemsley	26	4	2	2	6	2	3	3		2	2					
Tanya Campbell	25	2	2		3		3	3	6	3	3					
Brian O'Shea	25		2	7		2	3	3	2	3	3					
Harry Terwiel	23		2	5	7		3	2	2		2					
MaryAnne Costeloe	22	2	8	2	2			2	2	2	2					
Lorraine Eldershaw	21	2	4	2	2		1	2	6		2					
Helen Baverstock	21	2	2		2	2		5	2	4	2					
Kim Fougere	20	7	3					8	2							
Michelle Nicholson	20		2	3	2	2	3	2	2	2	2					
Sue Park	18	2	2	2	3		1	2	2	2	2					
Neil Fagan	17							2	8	7						
Dave Wackrow	17	2	2		2	2	1	2	2	2	2					
Trevor Suthon	17	2	2	2	2		1	2	2	2	2					
Arthur Lester	17	2	2	4			1	2	2	2	2					
Gary Fenwick	15	2	2	2	2		1	2	2		2					
Mike Nield	15	2	2	2	2		1	2	2		2					
Jeff Wells	15				6		3		2	2	2					
Marlene White	15		2	2	2	2	1	2		2	2					
Tamaari Kupe-Kingi	15	2	2							6	5					
Ross Allen	15				2		3	2	2		6					
Colin Gibbons	12				3		3	3		3						
Graeme Harvey	12				3		3	3		3						
Peter Dent	11	2			2		1	2	2		2					
Frances Kemsley	9		2				1	2	2	2						
Sherryn Hardy	9	2	7													
Denise Clark	7						1	2	2	2						
Hannah Gilberd	5					2	3									
Rachel Gilberd	5					2	3									
Sandra Moratti	4					2				2						
Ivor Ellis	2	2														
Joelle	2		2													
Mary Hastie	2								2							
Sherryn Wilson	1						1									
Dennis Hastie	1						1									