

TARANAKI RACE WALKING CLUB

THE LINK

12 JUNE 2016

KIM'S RETURN

From Serena

A lovely day for a cycle! So nice in fact that Harry cycled the course, not once but several times. Not much of a race though when he wasn't prepared to share his bike. The rest of us had to walk!

We are all very grateful to Colin, Graeme, Brian and Tanya for coming out to check on our walking styles. So grateful in fact that we endeavour to ensure you have a pleasant winters morning to wander and chat, with eyes peeled to walkers of course. We all know judges can see many things all at the same time. One of our lovely judges spotted incorporating her yoga routine at the same time with the one legged stork pointing directions to would-be wayward walkers.

Thanks also to the many helpers today. Its nice to have our timekeepers supported with other members. We all appreciate your company but not always your comments from the side lines haha. But seriously, we love having you all on the course whether you are racing or not. And your fighting words of encouragement are always welcome. Thank you.

It's interesting for me each week to estimate how the race will unfold when doing the handicaps and then finding it actually ends up nothing like I expected on the day. I suspected that Eric might be moving into an increasing pace phase and would be in the running for lots of points today. He was certainly faster but several other men seemed to have jumpstarted themselves up another level. Either that or the whiff of Sunday morning burgers encouraged Dave B and Peter F to race off towards the finish line at a considerably faster than average pace. Dave B wasn't letting anyone beat him to Ross's legendary Sunday sausages. Well done Dave B, 2nd across the line!

Marlene and Sue looked a bit dejected standing around on the start line as everyone else whizzed on by. Jackets on, jackets off, pacing this way and that. Hope they weren't letting the mental challenge of starting last put them off enjoying half an hour of sunshine. Sue ended up being Miss Perfect today (walking to her handicap) so well done Sue. But alas, there were no points today for being perfect.

The females today all looked amazing in the field today. It's exciting to see them all trying hard to walk well as well as walk fast. Kim was back to join us today. When I quietly asked her roughly what kind of time she was walking per km she whispered quietly in my ear. Well, I'm not



going to believe her ever again! She blitzed the rest of us! No chit chat, no wave not even a butt wiggle as she sailed easily first over the finish line. A fantastic comeback. Well done Kim. Gaylene was determined to hold Helen off to be the 2nd female across the line & 3rd overall. Serena & Anne had to race each other to the finish line to see who would be closest to handicap (we thought it was still Campbell cup from last week). Anne wins again. Sigh!

TODAY'S POINTS

Kim – 8 points
Dave B – 7 points
Gaylene – 6 points
Helen – 5 points
Peter – 4 points
Eric – 3 points

POINTS TROPHY STANDINGS

Serena – 26 points
Anne – 24 points
Alan – 23 points
Eric – 22 points
Dave B – 22 points
Harry – 19 points
Kim – 18 points

STYLE TROPHY STANDINGS

Eric – (24) 42 points
Serena (23) 36 points
Harry – (20) 35 points
Alan – (21) 35 points
Anne – (21) 34 points
Michelle – (20.5) 33.5 points
Tony – (19) 30 points
Dave B – (17) 27 points
Peter – (22.5) 22.5 points
Helen – (20.5) 20.5 points
Ross – (18.5) 18.5 points
Sue – (17.5) 17.5 points
Neil – (16) 16 points

TODAY'S RESULTS

Member	Grade	Distance	Estimate	Race Time	Difference	Points
Men						
Dave Barrett	M	10	1:16:20	1:14:04	0:02:16	7
Peter Fox	M	10	1:01:20	0:59:37	0:01:43	4
Eric Kemsley	M	10	0:57:30	0:56:08	0:01:22	3
Harry Terziel	M	10	0:56:50	0:57:51	0:01:01	2
Alan Clarke	M	10	1:01:40	1:00:22	0:01:18	2
Tony Burrell	M	10	1:05:00	1:04:01	0:00:59	2
Ross Allen	M	10	1:05:20	1:06:08	0:00:48	2
Neil Fagan	M	10	1:13:30	1:17:15	0:03:45	2
Vets						
Sue Park	V	5	0:44:10	0:44:10	0:00:00	2
Marlene White	V	5	0:42:45	0:46:05	0:03:20	2
Frances Kemsley	V		0:00:00	dnf		2
Women						
Kim Fougere	W	10	1:26:20	1:19:37	0:06:43	8
Gaylene Phillips	W	10	1:16:20	1:14:18	0:02:02	6
Helen Baverstock	W	10	1:14:28	1:12:44	0:01:44	5
Serena Coombes	W	10	1:06:40	1:06:20	0:00:20	2
Anne Fraser	W	10	1:15:00	1:14:44	0:00:16	2
Michelle Nicholson	W	10	1:16:30	1:15:26	0:01:04	2
Lorraine Eldershaw	W	10	1:15:30	1:16:03	0:00:33	2
MaryAnne Costeloe	W	10	1:18:20	1:20:20	0:02:00	2
Judges: Colin, Graeme, Tanya, Brian						2
Helpers: Peter, Trevor, Arthur, Denise, Gary, Dave, Mike						2

POINTS TROPHY STANDINGS

Name	Total	Wind Wand	Ivor's Oakura	Serena Sprint	Norm Read	Ekiden	Open Walk	Links	Time Trial	Odd Ball	First Day	FoxKaimata Trot	Road OpenChamps	BurnMarton Up Wanga	2nd Day	Wind Down
Serena Coombes	26	8	5	2	4	2	3	2								
Anne Fraser	24	5	2	8	2	2	3	2								
Alan Clarke	23	2	6		8	2	3	2								
Eric Kemsley	22	4	2	2	6	2	3	3								
Dave Barrett	22	2	2	6	2	2	1	7								
Harry Terwiel	19	2	2	5	7		3	2								
Kim Fougere	18	7	3					8								
Brian O'Shea	17		2	7		2	3	3								
MaryAnne Costeloe	16	2	8	2	2			2								
Peter Fox	16	2	3	2		2	3	4								
Gaylene Phillips	16	6	2		2			6								
Michelle Nicholson	14		2	3	2	2	3	2								
Tony Burrell	14	3		2	2	2	3	2								
Lorraine Eldershaw	13	2	4	2	2		1	2								
Tanya Campbell	13	2	2		3		3	3								
Helen Baverstock	13	2	2		2	2		5								
Sue Park	12	2	2	2	3		1	2								
Dave Wackrow	11	2	2		2	2	1	2								
Gary Fenwick	11	2	2	2	2		1	2								
Marlene White	11		2	2	2	2	1	2								
Mike Nield	11	2	2	2	2		1	2								
Trevor Suthon	11	2	2	2	2		1	2								
Arthur Lester	11	2	2	4			1	2								
Sherryn Hardy	9	2	7													
Jeff Wells	9				6		3									
Colin Gibbons	9				3		3	3								
Graeme Harvey	9				3		3	3								
Peter Dent	7	2			2		1	2								
Ross Allen	7				2		3	2								
Hannah Gilberd	5					2	3									
Rachel Gilberd	5					2	3									
Frances Kemsley	5		2				1	2								
Tamaari Kupe-Kingi	4	2	2													
Denise Clark	3						1	2								
Ivor Ellis	2	2														
Joelle	2		2													
Sandra Moratti	2					2										
Neil Fagan	2							2								
Sherryn Wilson	1						1									
Dennis Hastie	1						1									