WELLINGTON SCOTTISH

New Zealand Racewalking Association Inaugural National Teams Relay Championship (Hosted by Wellington Scottish Athletics)

Sat/Sun 26/27 May 2007 at Trentham (Upper Hutt)

The Championship Event will consist of an Ekiden Relay (marathon distance split into six legs of 7.195k, 5k, 7.5k, 10k, 7.5k, & 5k.) There will be two Divisions –

- "A" Division For Racewalking Team fully judged to IAAF Rules
- **"B" Division** For Free-stylers that must not lose contact i.e. bent knees (if necessary) but NO Jogging or Creeping.
- **Composite Teams** Groups of Walkers that may include Walkers from any Team in the "A" Div. or "B" Div. who wish to walk a second time. This is a good way of getting some extra walking for those that are keen to do so. Rules as for "B" Division.

"A" Division - All Team members MUST be either members of the NZRWA or Athletics NZ Registered Athletes AND be members of the Club. Where an Area (Waikato/BOP, Hawke Bay/Gisborne, Nelson, etc) may not have a Club that can enter a Team, an "Area" Team will be acceptable – OR when an Area (Centre) already has a Club Team entered, another Team made up of Walkers from any Clubs in the Area that cannot enter a full Team may join and enter an "Area" (Centre). An Example of this would be – say, Auckland had "Bays-Cougar" Club entered as a Team, an "Auckland" Team made up of Walkers from any Club may also enter as well.

"B" Division" – Teams may be made up of any Walker belonging to a Club, Centre, Walking Group or Group of friends. Examples could be –

Taranaki Racewalkers - (Club Team) Nelson - (Centre Team Walk for Health - (Walking Group) Walk Ys - (Group of friends that do "special events – Taupo Relay, etc)

Composite Teams – Anyone can walk in these Teams including Walkers that have already walked in either of the "A" or "B" Division. Example of a Composite Team might be –

Three Walkers that arrive without a Team that get together with three Walkers from other Teams – just for a bit of fun. These Teams are not eligible for Trophies.

Get in touch NOW to join in this interesting Walking initiative - register your interest and we will send you all the information as it comes available.

Contacts: WELLINGTON SCOTTISH

Bart Jones	David Lonsdale
(04) 4773 746 - (027) 608 6111	(04) 977 8990 - (021) 620 428
email: bart.jones@xtra.co.nz	email:thelonsdales@paradise.net.nz

Full information – including activities on the Saturday, full race details, Accommodation and meals, etc will be available shortly along with the official Entry Form.