

Points Trophy Calculation 2019

The Points Trophy represents club commitment and achievement within club activities in a season. Attendance at events, helping at events and overall walking are all considered in awarding this cup.

The standings are published on the Internet as are the rules for achieving points. The following are how the points will be awarded during the 2019 season –

- Attendance at all competitive club events be they open handicap, estimated time or championships – 2 points (this includes time keeper and other helpers)
- Points trophy and event points allocation is relevant to club members only (excludes guest or interclub walkers)
- Where an annual roster is implemented to ensure availability of a timekeeper & recorder at each club event, those two people will receive 3pts each.
- Unless the program changes, there is no clash with National Road champs in 2019, therefore no points are awarded. If this change and an Athlete is unable to attend a club event then 4 points are to be awarded.
- Racing in the Open walk – 3 points
- Helping on the day of the Open walk – 3 points
- Judging at Open walk – 3 points.
- We will have a roster of Judges at most club events, a person who judges at a club event instead of walking, will be awarded 3 points
- Participation in events where all Club members can participate – for 2019 these are –
 - o Halcombe Relay – 2 points.
 - o Marton to Wanganui Relay – 2 points.
 - o Stratford relays – 2pts
- At open handicap events, we race in 3 main categories (Senior Men, Women and 60+) the results are published on the Internet in that format. This data is reworked for the Points trophy to try to make it fair for everybody. A percentage difference between estimate and actual times is calculated. The highest 6 differentials will get 6 points, 5 points and down to 1 point. This will be in addition to attendance points. This will include all club walkers together in this calculation – that is all Seniors and Vets.
- At club championships, we will have a closed handicap system. Everybody starts at the gun, but there are still handicap times for all walkers – these handicap times will be used for calculation of the points the same way as in the open handicap system.
- To be eligible for club champ's trophy's members must do at least 2 club events prior to 5km champs and 4 club events prior to 10km champs.
- The Norm Read Memorial is both an estimated time and closed handicap event. For this and all estimated time events the points will be calculated based on closest to estimate. The best 6 estimates will be awarded the points – 6 points down to 1. Closed handicap points will also be allocated to this event for double points as this is a longstanding event for the club. Participation is important to maintaining this event.
- The Taranaki Road champs – 2 points for participants. Helpers and Judges will get 2 points.
- The first event of the season to get points is the Richard Park Memorial (Wind Up). The event will be an Open handicap event as per usual (based on previous year performances to reward ongoing training) with the first 6 people over the line getting 6 down to 1 point. The Richard Park Memorial Trophy will be awarded to the first over the line. There will be 2 points for attendance as per usual
- Where a person is new to the club or has been absent for a season (or more than 4 consecutive events), then they will only receive attendance points until they have competed in 2 handicapped events. This is only for their first 2 handicapped events, once the person has a history of times then the handicapper can calculate times the same as all other participants. All walkers will be eligible for points in an estimated time event as long as they walk the correct distance for their age group.
- At the discretion of the Handicapper, a result can be voided where the walker is 3 or more minutes faster than handicap over 5K or 5 minutes over 10K. In this case the walker may only receive attendance points
- **Where the program has 10K for Seniors and 5K for 60 plus, any walker may opt at any time to walk an alternate distance of their own choosing however they will not be considered in handicap calculations and will receive attendance points only**
- ****.some events will now allow a choice of 5 or 10k for everyone.** Walkers must notify the handicapper on or before Wednesday before the event of their change in distance(from their norm to date) to be eligible for competition points**
- Over 60s may choose to walk as a Senior or as a vet. The Handicapper needs to know at least 2 days in advance if a Vet elects to change distance (**from their consistent norm**). That is if you normally walk as a Senior, but choose to

walk in the Vets group for a specific event, you must inform the Handicapper 2+ days prior to the event to be eligible for points. If you turn up on the day and change your distance you will only get attendance points.

- **Team % events**

- Halcombe Relay
 - Stratford Saunter

- Walkers compete individually as per normal club events. Handicapper will allocate walkers into **3?** teams (number members in team dependant on total number walkers) prior to the event for statistical calculation only. Teams may be either secret or open relative to that event.

- Team Points will be allocated to teams according to the average of each members % distance from Handicap. Team points will be 3, 2, 1 with closest % receiving 3pts.

- **8 September event - Odd Ball Relay Rules – this event has been upcycled for 2019.**

- Details will be emailed to all members as they are confirmed

- **Race Eric event** where Eric/Peter estimates his 10k & 5km time. Everyone else decides their own distance (5 or 10km with time estimate so that all FINISH at same time as Eric. Pts based on closest to Eric estimate (because Eric/Peter might have got it wrong lol). No watches.

- **Norm Morris trophy** – Contenders to submit verifiable event times for half /full marathon events completed between 1 oct 2018 & 30 sept 2019. Events ideally will be scrutineered (non scrutineered event results may be considered for inclusion at subcommittees discretion). Contenders must provide photo proof of club uniform worn in event. Subcommittee to have discretion to decide winner based on formula of dropping worst performance then avg best % of ?? events as there may be variations in number of events and performance levels due to terrain etc

- Members can walk in uniform at an alternative (half or full marathon) event on club day & still receive 2pts –they must submit details to handicapper along with photo proof that club uniform was worn in the event.

STYLE AWARD

Style award recognises improvement, consistency, excellence or a combination of any of the former, in walking technique.

- Style award – 4 events in 2019 – take average of best 3 event style scores

This is an explanation of how the style points are awarded. Everyone who wishes to be considered for this award should notify Brian at the start of the season. Each walker is given 3 points to start with and then each judge can give you up to 3 points more. The resulting points are then added together and averaged for a total for that race.

Feedback may be given to walkers whether they ask for it or not by the judges at that event. I just look at it as, “if you don’t know you are doing something wrong and nobody tells you, you aren’t going to progress”. Like beauty, style is in the eye of the beholder (e.g. the judge). This is what judges look for when judging for style.

- 1) You have to be legally walking
- 2) Be standing upright, not leaning forward or back
- 3) Have compact arms which are driving you along, not flapping, swinging or just hanging there
- 4) Have a still head looking forward, not bobbing, looking at the ground or swaying
- 5) Feet coming through low, smooth and toes facing straight ahead
- 6) High heel plant
- 7) Upper body still not swinging or swaying from side to side

Just look at Rachel & Eric for the above actions which they can both maintain, even when they are slowing because of tiredness. Having said that, doing any of the no, noes above, doesn’t make you a bad walker, just an untidy one. Try and be invisible when under judges, don’t draw their attention to you because you are doing something different, which may not affect your legality but can make them think you are.