

Taranaki Race Walking Club

5km Club Championships

30 April 2017

Eric and Rachel – Day One Club Champions



I bet there were many sighs of relief this morning that the heavy rain yesterday had stopped. Even some blue sky specially put on for us! Not sure who ordered that but I'm sure Eric will lay claim since he was the one out there preparing the course for us this morning.

As we all began to warm up Helen was quick to comment that she was pretty sure Beach Road was the only place in the 'naki that had wind. And that wind was sure to dampen down some enthusiasm today but turned out to raise others determination.

So nice for us oldies to have Daniel and Hannah join us to display some very stylish walking.

Several nice battles unfolded on our short 1k out and back course. Alan was always going to be trying to breathe down Eric's neck on this short course. Coming back slowly from injury, Eric was sure to fight Alan for club champ glory. In the battle inside the battle, every time Alan managed to sneak ahead of Rachel her fighting spirit would kick in for a new spurt of energy in order to move ahead of Alan again. The 3 stuck close for most of the race with less than 30s between them. Eric was 1st in followed by Rachel and then Alan.

Sherryn, Serena, Ross and Tony probably all had prerace tactics lined up. Although Tony still hasn't quite got back to full fitness he's now not far away. Serena thought she could psych Sherryn out with a quick start but Sherryn had Alan for support to pull her through. Sherryn's distance strength was just too strong for Serena to hold onto even with some fast downhill sprints. Ross was very sensible and let the two women fight it out between them. However, they all did very impressive times especially as they all walked under the Judges watchful eyes, resulting in all receiving points for their efforts.



Dave B and Helen continue to strive to win the battle of wills finishing a mere 1s apart. These two are awesome to watch as they come into the finish with true winner's style in trying not to give even an extra inch to each other.

But today's point winner goes to Michelle who shaved a whopping 2mins of her closed handicap time. Well done Michelle!

Congratulations to Rachel and Eric for their fastest times of the day for 5k Club Championship status.

And appreciation thanks to Trevor and Dave W for timekeeping and Sue for hosting morning tea.

Today's Points

Michelle 8 pts
Sherryn 7 pts
Serena 6 pts
Tony 5 pts
Ross 4 pts
MaryAnne 3pts

Points Trophy Standing

Michelle 15 pts
Sherryn H 15 pts
Serena 15 pts
Sue 11 pts
Marlene 10 pts
Arthur 9 pts
Eric 9 pts
Tony 9 pts

Style Trophy Standings

Serena 35.50
Sherryn 33.00
Alan 32.50
Ross 32.50
Sue 31.50
Tony 31.50
Dave B 30.00
Eric 18.00
Rachel 18.00
Hannah 18.00
Anne 17.50
Michelle 17.00
Michelle 16.00
Daniel 16.00
Marlene 11.50

Today's Results

Member	Grade	Distance	Place	Estimated Time	Race Time	Difference	Points
Daniel Gilberd	M11	2	1		0:14:38		2
Alan CLARKE	M60	5	1	0:30:35	0:29:58	00:37	2
Ross ALLEN	M60	5	2	0:33:05	0:32:00	01:05	4
Tony BURRELL	M60	5	3	0:34:30	0:33:15	01:15	5
Eric KEMSLEY	M65	5	1	0:29:30	0:29:33	00:03	2
Dave BARRETT	M65	5	2	0:36:50	0:36:55	00:05	2
Arthur LESTER	M85	3	1	0:28:33	0:28:20	00:13	2
Hannah GILBERD	W15	3	1	0:19:30	0:21:25	01:55	2
Rachel GILBERD	W40	5	1	0:30:00	0:29:49	00:11	2
Sherryn HARDY	W50	5	1	0:31:40	0:30:20	01:20	7
Serena COOMBES	W50	5	2	0:32:10	0:30:53	01:17	6
Helen Baverstock	W55	5	1	0:36:45	0:36:56	00:11	2
Michelle NICHOLSON	W55	5	2	0:39:10	0:37:10	02:00	8
MaryAnne COSTELLOE	W55	5	3	0:40:10	0:39:36	00:34	3
Anne FRASER	W60	5	1=	0:37:55	0:38:12	00:17	2
Gaylene PHILLIPS	W60	5	1=	0:37:20	0:38:12	00:52	2
Sue PARK	W70	5	1	0:42:35	0:42:26	00:09	2
Helpers	Trevor, Dave W, Francis, Jeff						
Judges	Brian, Tanya, Colin						

Points Trophy Standings

	Total	Wind Wand	The Links	First Day
Michelle Nicholson	15	5	2	8
Serena Coombes	15	7	2	6
Sherryn Hardy	15		8	7
Sue Park	11	2	7	2
Marlene White	10	8	2	
Arthur Lester	9	2	5	2
Eric Kemsley	9	4	3	2
Tony Burrell	9	2	2	5
Alan Clarke	8		6	2
Dave Barrett	8	2	4	2
Brian O'Shea	6		3	3
Dave Wackrow	6	2	2	2
Helen Baverstock	6	2	2	2
MaryAnne Costelloe	6		3	3
Neil Fagan	6	6		
Ross Allen	6		2	4
Anne Fraser	5	3		2
Frances Kemsley	4	2		2
Gaylene Phillips	4	2		2
Jeff Wells	4		2	2
Peter Dent	4	2	2	
Trevor Suthon	4		2	2
Colin Gibbons	3			3
Graeme Harvey	3		3	
Tanya Campbell	3			3
Dennis Hastie	2	2		
Hannah Gilberd	2			2
Jill Roebuck	2		2	
Mary Hastie	2	2		
Mary Hastie	2	2		
Peter Fox	2	2		
Rachel Gilberd	2			2