



Points Awarded

Brian – 8 points
Mike – 7 points
Sue – 6 points
Denise – 5 points
Arthur – 4 points
Gaylene – 3 points

Points Trophy Standings

Denise – 12 points
Arthur – 10 points
Brian – 10 points
Tony – 10 points
Sue – 8 points
Mike – 7 points

Brian's Secret Summer Training Pays Off!!!

Perfect conditions for racing at Oakura once again. Starting to get a bit warm on the last lap, but that was just the encouragement we needed to finish quickly to enjoy Ivor's haven. What a place to have morning tea, sunshine, sheltered from the wind and amazing view. This though was outdone by Ivor's warm and welcoming smile.

This was our third year on this course going up McFarlane Street, a challenging course but better and safer than the old course. There has definitely been movement on the fault line since last year because the hills have definitely got steeper.

The Vets section today was where most of the points went. Probably time to introduce some random drugs testing I think? 4 out of 5 Vets went under handicap; the 5th - Mary was only 3 seconds over the estimate. Some excellent racing. Brian looked as though he had done a lot of secret training over the summer as he took off at the start. Sue was also quickly out of the blocks. Brian was first home in the Vets followed by Sue. Sue though took fastest time in 40m9s which is an excellent pace on that course. Brian was nearly 2 minutes quicker than estimate – the downside to this of course is the handicap next time!

On Saturday I was in a bit of a quandary about the handicaps in the Seniors event. I felt a bit sorry for those in Marathon training, most having done 37K on the Saturday, so I thought I will be generous

to them – then I woke up from the nightmare I was having – I was in an absolute sweat – to think that I could even dream about being generous. What would my life be like if I didn't get the moans and groans on race day – it's what I live for!

The first walkers to show out in the Seniors event were Kim, Gaylene and Helen. All 3 took off at such a speed I was worried my dream had been reality with the handicap times. As I completed my first lap, I could already hear Tony talking fairly close behind, looked like it may be a hard day at the office for me. Sure enough, Tony and Serena went past halfway through my second lap. By a K into my 3rd lap, Jeff and Mike had also left me in their wake. Mike had his boilers to full capacity as his steam engine chased after the rest of the Field. I could see in the distance that Jeff had passed Tony and Serena, but he seemed to be struggling to open a gap on them. Mike meanwhile carried on and came home in first place and quickest time of 59m2s. Next home were Gaylene (who found the course easy after her Cumberland hill training) and Kim. Jeff had a nana nap just before the end and woke up to see Tony sprinting past him to be 4th, 1 second ahead of Jeff. As for myself and Sherryn, we were at top speed the whole race – I think the handicapper was just too hard on us and will be more generous next time.

Many thanks to Ivor for hosting today (and for Sue for helping out). Many thanks to Trevor, Wacky and Joelle for time keeping and water stop.

Results

Name	Grade	Est Time	Handicap	Clock Time	Race Time	Points
Senior Men						
Mike Nield	M	1:00:45	0:19:15	1:18:17	0:59:02	7
Tony Burrell	M	1:06:00	0:14:00	1:19:51	1:05:51	2
Jeff Wells	M	1:03:45	0:16:15	1:19:52	1:03:37	2
Alan Clarke	M	1:07:30	0:12:30	1:21:45	1:09:15	2
Neil Fagan	M	1:12:30	0:07:30	1:23:51	1:16:21	2
Dave Barrett	M	1:16:00	0:04:00	1:26:24	1:22:24	2
Vets						
Brian O'Shea	V	0:42:30	0:05:00	0:45:39	0:40:39	8
Sue Park	V	0:41:00	0:06:30	0:46:39	0:40:09	6
Denise Clark	V	0:47:30	0:00:00	0:46:50	0:46:50	5
Arthur Lester	V	0:41:45	0:05:45	0:47:05	0:41:20	4
Mary Hastie	V	0:45:45	0:01:45	0:47:33	0:45:48	2
Senior Women						
Gaylene Phillips	W	1:16:00	0:04:00	1:19:35	1:15:35	3
Kim Fougere	W	1:20:00	0:00:00	1:19:47	1:19:47	2
Serena Coombes	W	1:06:00	0:14:00	1:20:10	1:06:10	2
Helen Baverstock	W	1:14:00	0:06:00	1:20:19	1:14:19	2
Sherryn Hardy	W	1:07:30	0:12:30	1:21:45	1:09:15	2
Vanessa Lowl	W	1:03:00	0:17:00	1:25:30	1:08:30	2
Marlene White	W	1:09:30	0:10:30	1:25:35	1:15:05	2
Others						
Ivor Ellis	V3K	0:29:45	0:17:45	DNF		2
Mary Anne Costeloe	5K			0:45:00		
Helpers						
Trevor Suthon, Joelle Xavier, Dave Wackrow						2



Points Trophy

Name	Total	Wind Wand	Ivor's Oakura	Serena Sprint
Denise Clark	12	7	5	
Arthur Lester	10	6	4	
Brian O'Shea	10	2	8	
Tony Burrell	10	8	2	
Sue Park	8	2	6	
Mike Nield	7		7	
Frances Kemsley	6	6		
Gaylene Phillips	5	2	3	
Alan Clarke	4	2	2	
Dave Barrett	4	2	2	
Dave Wackrow	4	2	2	
Eric Kemsley	4	4		
Helen Baverstock	4	2	2	
Ivor Ellis	4	2	2	
Jeff Wells	4	2	2	
Kim Fougere	4	2	2	
Marlene White	4	2	2	
Mary Hastie	4	2	2	
Neil Fagan	4	2	2	
Serena Coombes	4	2	2	
Sherryn Hardy	4	2	2	
Trevor Suthon	4	2	2	
Michelle Nicholson	3	3		
Harry Terwiel	2	2		
Joelle Xavier	2		2	
Julie Gardner	2	2		
Lorraine Eldershaw	2	2		
MaryAnne Costeloe	2		2	
Peter Dent	2	2		
Peter Fox	2	2		
Vanessa Lowl	2		2	
Juniors	0			