

## Norm Read Memorial

Most people had probably been woken during the night by the wind; and at one point I was concerned we wouldn't even be walking as the roof creaked and groaned. Maybe Norm has some sway upstairs, because once again we had perfect conditions for racing as the sun shone and the wind all but died away.



*Photo Courtesy of the Taranaki Daily News*

Sherryn Hardy in her first season walking with the club has taken out the Norm Read memorial Cup for 2011 raced over the Kaimata Street circuit in Brooklands. Well done Sherryn, you deserve this with your effort and improvements so far. Last year



*Photo Courtesy of the Taranaki Daily News*

we had Perfect Helen take the cup in her first year and this year Sherryn managed the same by estimating within 1 second. Now some of you may think that this is beginner's luck, but I think there is something else going on. Is it possible she has an embedded GPS in her system? Sherryn proved she doesn't even know how many seconds in a minute, 68 minutes and 79 seconds! She has won 2 estimated time events on the trot and was in the points for the wind wand one as well. For the wind wand, she was 21 seconds, last week 8 seconds and this time 1 second with that sort of improvement she will be perfect next time. IAAF rules allow for drug testing, I will check out whether they allow for x-rays for embedded GPS devices.

The vast majority of club members did an exceptional job of estimating today, in fact 17 out of 29 managed less than 1 minute difference. Well done, most of you now seem to have the idea, closest to estimate wins. At the other end of the scale we have people that have been walking for years that still don't seem to know how this works. Dave Wackrow at 4 minutes 42 seems to have forgotten he was on holiday and perhaps he could be a tad slower from lack of training? Mind you he might be walking upside down and on the wrong side of the road after being in Europe, anyway glad to see you back Dave. Sandra, well what do I say, 4 minutes 12 seconds! Never mind, it's actually great to see you walking so well again.

Norm won his gold medal 55 years ago at Melbourne in the Olympic Games. Megan Read started the 29 walkers today, fantastic to have your support Megan. In presenting the cup to Sherryn, Graeme Harvie our patron said how pleased he was to see how prominent our Club still is today. It upholds the fine traditions of walking in Taranaki with the first ever medal (bronze) awarded to a New Zealander at the Olympic Games to our very own Harry Kerr (of Inglewood) in 1908. Then of course we have Norm Read in 1956 (trained by the Brits!) getting his gold in the 50K walk, representing New Zealand and settling in Taranaki. The Taranaki Race Walking Club was formed about 2 years later and performed well for Taranaki in Athletic events around the Country.

Tom Hastie was second again this year, last year he was 4 seconds out and this time 5 seconds out. This is very consistent estimating, and often would be enough to win. Maybe next year Tom? Tied for 3<sup>rd</sup> were Serena and Vanessa who were only 12 seconds out from estimates.

In the Juniors event over 2K, Cody Campbell was first with only a 15 second time difference, Nicole Moratti was second with a 51 second difference and; 3<sup>rd</sup> was Deanna Moratti.



*Photo Courtesy of the Taranaki Daily News*

Fastest time in the men's 10K went to Eric Kemsley in a time of 55 minutes 52 seconds. The women's fastest 10K was Sandra Moratti in 63 minutes 12 seconds. In the 5K, Neil Fagan did 35m 22s. In the juniors 2K, Deanna Moratti walked a very good time of 13m29s. Many thanks to Marion, Trevor and Brian for time keeping and Graeme Harvie for judging.

#### Addendum to Norm Read - from Bystander

I must admit that it was most enjoyable watching a large contingent of club members take part in the Norm Read Memorial race yesterday. I initially videoed everyone and then put the camera down to study the styles/legality of participants.

I was really thrilled to see that of the 12 Senior Women, 8 were legal, it would have been 9 but one was carrying an injury, so it was good to see her out there trying to work through it. Of the Senior Men 5 of the 7 were also legal.

The 5 club members who weren't legal were all due to bent knees but it won't need much work for them to straighten that little bit extra. Our 2 young girls were great as usual and Cody and Noah seem to be settling down now and becoming more determined with their walking.

For those that stayed back at Alan's, the video showed how everyone was walking and the Slow Motion playback I believe was a great help for some members.

Don't forget next Sunday at the Inglewood track where Rachel & Colin will help you improve and I'll be there with the camera for some Before & After shots of you all.

Bystander

#### Results

Name	Grade	Est Time	Actual	Difference	Points
Sherryn Hardy	10K	1:09:19	1:09:20	00:01	9
Tom Hastie	5K	0:42:50	0:42:55	00:05	8
Serena Coombes	10K	1:07:13	1:07:25	00:12	7
Vanessa Lowl	10K	1:13:37	1:13:49	00:12	7
Neil Fagan	5K	0:35:35	0:35:22	00:13	5
Mary Hastie	5K	0:43:30	0:43:14	00:16	4
Kathleen Adamski	10K	1:17:07	1:17:31	00:24	3
Harry Terwiel	10K	0:59:10	0:58:45	00:25	2
Dave Barrett	10K	1:13:47	1:13:07	00:40	2
Marlene White	10K	1:06:30	1:07:10	00:40	2
Valda Goodey	10K	1:07:35	1:08:15	00:40	2
Dennis Hastie	10K	1:10:00	1:09:20	00:40	2
Alan Clarke	10K	1:08:08	1:08:54	00:46	2
Anne Fraser	10K	1:13:33	1:12:41	00:52	2
Helen Baverstock	10K	1:14:09	1:13:10	00:59	2
Lorraine Eldershaw	10K	1:15:10	1:14:06	01:04	2
Denise Clark	5K	0:44:45	0:45:52	01:07	2
Ivor Ellis	5K	0:41:37	0:42:53	01:16	2
Michelle Nicholson	10K	1:14:38	1:15:57	01:19	2
Jeff Wells	10K	1:00:20	1:01:45	01:25	2
Arthur Lester	5K	0:37:20	0:38:50	01:30	2
Eric Kemsley	10K	0:54:10	0:55:52	01:42	2
Sandra Moratti	10K	0:59:00	1:03:12	04:12	2
Dave Wackrow	10K	1:00:10	1:04:52	04:42	2
Tanya Campbell	10K	1:14:00	DNF		2
<b>Juniors</b>					
Cody Campbell	2K	0:19:00	0:18:45	00:15	5
Nicole Moratti	2K	0:14:40	0:13:49	00:51	4
Deanna Moratti	2K	0:12:00	0:13:29	01:29	3
Noah Campbell	2K	0:19:00	0:21:31	02:31	2
<b>Helpers</b>					
Brian, Marion, Trevor and Graeme Harvey					2

## Points Trophy Standings

	Total	Wind Wand	Ivor's Oakura	Odd Ball	Norm Read
Sherryn Hardy	28	4	6	9	9
Neil Fagan	23	7	2	9	5
Ivor Ellis	19	2	8	7	2
Vanessa Lowl	19	8	2	2	7
Eric Kemsley	17	6	2	7	2
Tanya Campbell	15	2	9	2	2
Kathleen Adamski	14	9	2		3
Serena Coombes	14	2	2	3	7
Arthur Lester	13	2	4	5	2
Tom Hastie	13	2	3		8
Jeff Wells	11		7	2	2
Alan Clarke	10	2	2	4	2
Lorraine Eldershaw	10	6	2		2
Brian O'Shea	8	2	2	2	2
Dave Barrett	8	2	2	2	2
Denise Clark	8	2	2	2	2
Helen Baverstock	8	2	2	2	2
Marlene White	8	2	2	2	2
Michelle Nicholson	8	2	2	2	2
Trevor Suthon	8	2	2	2	2
Joelle Xavier	7	2	5		
Mike Nield	7	3	2	2	
Frances Kemsley	6	2	2	2	
Harry Terwiel	6	2		2	2
Marion Dent	6		2	2	2
Mary Hastie	6		2		4
Tony Burrell	6	2	2	2	
Anne Fraser	4			2	2
Dennis Hastie	4			2	2
Sue Park	4	0	2	2	
Dave Wackrow	2				2
Rachel Gilberd	2			2	
Sandra Moratti	2				2
Juniors					
Cody Campbell	14	4	2	3	5
Noah Campbell	12	2	2	6	2
Jacob Campbell	10	3	2	5	
Jaide Coombes	7	5	2		
Hannah Gilberd - G9	4			4	
Nicole Moratti - G10	4				4
Deanna Moratti - G12	3				3
Renee Moratti - G14	0				