

*Points Awarded*

Jeff – 8 points  
 Serena – 7 points  
 Mike – 6 points  
 Vanessa – 5 points  
 Dave B – 5 points  
 Helen – 3 points

*Points Trophy Standings*

Ivor – 20 points  
 Tom – 20 points  
 Jeff – 18 points  
 Mike – 18 points  
 Serena – 18 points  
 Helen – 17 points  
 Gaylene – 16 points

*Shock!! Horror!!! Male Approaches Perfection – Inquiry Demanded*

Firstly many thanks to the weather gods once again, perhaps you were helping again Norm. Last year the wind was gale force during the night and conditions turned out perfect. This year the rain was pouring down two hours before the start, but once again conditions were perfect for racing.

During the week I had discussed with Jeff how to win an estimated time event. We decided that the only way was to put down a time that reflected how you were racing on a good day and then just go for it. There's all this theory about taking it easy and so estimate based on a training day.

Most of us are so competitive that as soon as we are into the race we all look at our pecking order. If somebody is ahead of you who shouldn't be then what do we do – of course we speed up. Armed with that information Jeff decided that Serena's event had been his good one for the season so far and adjusted that time by 4 seconds. If he had just taken that time he would have been 1 second out on estimate.

Luckily for him perfect Helen and Sherryn were a little off with their radar today. 5 seconds was enough for Jeff to win the Norm Read memorial trophy, an excellent result for Jeff, because for many years he has always been close, but not close enough.

Well I do believe that some of you have been doing your homework; you have learnt that an estimated time event is one where you walk as close as possible to your estimate. This year we managed to get 19 out of 30 walkers who were less than a minute different. Well done.

Last year Serena and Vanessa were tied for 3<sup>rd</sup> place; this time Serena worked hard for 2<sup>nd</sup> place and Vanessa tied for 4<sup>th</sup> with Dave Barrett. Mike Nield after ham string problems decided to do a training pace and managed 3<sup>rd</sup> place on 10 seconds. Perfect Helen showed she isn't totally perfect all the time, but still managed 6<sup>th</sup> place with 24 seconds difference.

## Results

Name	Grade	Est Time	Actual	Difference	Points
Jeff Wells	10K	1:01:57	1:02:02	00:05	8
Serena Coombes	10K	1:07:42	1:07:34	00:08	7
Mike Nield	10K	1:07:30	1:07:20	00:10	6
Vanessa Lowl	10K	1:03:11	1:03:26	00:15	5
Dave Barrett	10K	1:14:11	1:13:56	00:15	5
Helen Baverstock	10K	1:11:03	1:10:39	00:24	3
Alan Clarke	10K	1:07:28	1:07:54	00:26	2
Ivor Ellis	5K	0:43:51	0:44:17	00:26	2
Arthur Lester	5K	0:39:38	0:40:05	00:27	2
Tom Hastie	5K	0:38:38	0:38:11	00:27	2
Marlene White	10K	1:06:45	1:06:17	00:28	2
Dennis Hastie	10K	1:11:00	1:10:30	00:30	2
Sherryn Hardy	10K	1:09:09	1:09:45	00:36	2
Sandra Moratti	10K	1:04:30	1:05:11	00:41	2
Harry Terziel	10K	0:56:33	0:57:15	00:42	2
Rachel Gilbert	10K	0:58:45	0:58:02	00:43	2
Gaylene Phillips	10K	1:13:30	1:14:22	00:52	2
Tony Burrell	10K	1:05:15	1:06:12	00:57	2
Julie Gardner	10K	1:08:32	1:07:31	01:01	2
Neil Fagan	10K	1:09:55	1:11:00	01:05	2
Peter Fox	10K	0:56:13	0:57:25	01:12	2
Lorraine Eldershaw	10K	1:12:24	1:11:02	01:22	2
Eric Kemsley	10K	0:58:35	0:56:57	01:38	2
Sue Park	5K	0:40:15	0:41:58	01:43	2
Michelle Nicholson	10K	1:14:38	1:16:29	01:51	2
Anne Fraser	10K	1:13:23	1:10:43	02:40	2
Denise Clark	5K	0:48:52	0:46:10	02:42	2
Kathleen Adamski	10K	1:17:31	1:14:25	03:06	2
Frances Kemsley	5K	0:52:00	0:46:54	05:06	2

### Juniors

Hannah Gilbert	2K	0:14:21	0:15:19	00:58	3
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### Helpers

Trevor, Marion, Brian and Graeme					2
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There are still some of you who haven't yet mastered the concept of estimated time and are 3 and 5 minutes adrift. I don't want to embarrass you by naming names, but you know who you are – one of you goes on a long holiday soon and the other (probably needs one) is the better half of the person who did the fastest time today.

Fastest times of the day were Eric in 56m57s; Rachel in 58m2s and the vets had Tom at 38m11s over 5K. In the Juniors Hannah Gilbert walked her 3K in 15m19s. Hannah also took out the prize for best shoes with her hot pink ensemble.

The Points Trophy is now even closer after today's tally up. Tom and Ivor are still leading on 20 points, but Jeff, Mike and Serena are closing in on 18 and then "oh perfect one herself" is lurking at 17 points.

Many thanks to Marion, Trevor and Brian for time keeping; videoing and Graeme Harvie for judging. Also fantastic to have Megan Read starting the walk.

PS: Note from the webmaster – Many thanks to Alan and Rachel for hosting us for morning tea.



## Points Trophy

Name	Total	Wind Wand	Ivor's Oakura	Serena Sprint	Helen's Special	Norm Read
Ivor Ellis	20	3	5	2	8	2
Tom Hastie	20	6	8	2	2	2
Jeff Wells	18	2	2	4	2	8
Mike Nield	18	2	6	2	2	6
Serena Coombes	18	7	2	2		7
Helen Baverstock	17	8	2	2	2	3
Gaylene Phillips	16	2	2	8	2	2
Dave Wackrow	15	2	7	4	2	
Michelle Nicholson	15	4	2	2	5	2
Dave Barrett	13	2	2	2	2	5
Peter Fox	13	2		2	7	2
Sherryn Hardy	13	5	2	2	2	2
Kathleen Adamski	12	2	4	2	2	2
Vanessa Lowl	11	2			4	5
Alan Clarke	10	2	2	2	2	2
Arthur Lester	10	2	2	2	2	2
Brian O'Shea	10	2	2	2	2	2
Eric Kemsley	10	2	2	2	2	2
Marlene White	10	2	2	2	2	2
Neil Fagan	10	2	2	2	2	2
Trevor Suthon	10	2	2	2	2	2
Julie Gardner	9	2	2		3	2
Lorraine Eldershaw	9	2		3	2	2
Rachel Gilberd	9			7		2
Sue Park	9		3	2	2	2
Frances Kemsley	8	2		2	2	2
Harry Terziel	8	2	2		2	2
Marion Dent	8	2	2		2	2
Mary Hastie	8	2	2		2	
Sandra Moratti	8			6		2
Tanya Campbell	8	2			6	
Tony Burrell	8	2		2	2	2
Anne Fraser	6	2		2		2
Denise Clark	6	2			2	2
Juniors						
Hannah Gilberd	6			3		3