#### Points Awarded

Tom – 8 points
Theresa – 7 points
Tony – 6 points
Arthur – 5 points
Rachel – 4 points
Michelle – 3 points

### Points Trophy Standings

Tom – 44 points
Mike – 43 points
Serena – 40 points
Helen – 37 points
Arthur – 36 points
Jeff – 36 points
Marlene – 35 points



## Taranaki Road Champs 2012

Phew we managed to get a break in the weather in Hawera today for the TET Athletics Road champs; Sunday turned out to be one of those days to curl up by the fire with a book. Conditions were warm on the Saturday, but the racing turned out to be hot.

TRWC had 20 members do the walk (15 A grade and 5 B grade); in addition we had 4 lap scorers and then the Judges from the club – excellent support from both walkers and helpers alike. Firstly a thank you to Denise, Trevor, Mary and Frances for travelling to Hawera to lap score. Also many thanks to Graeme, Brian, Tanya, Colin and Alan Jones for judging today and a special thank you for not DQing me.

Last year we had an excellent race between Rachel and Des Hussey, with Eric, Peter and Harry on the side-lines. Two weeks ago in the Foxtrot we saw a foretaste of today's race with an excellent race between Peter, Eric, Harry and Rachel. Today we also had Des and Rodney in the mix.

The gun went and so did Eric and Harry followed by Rachel, Peter, Rodney and Des just behind. Eric and Harry went through 1 K in 5m5s with a conservative

Rachel and Peter just 12 seconds back; Rodney was a further 2 seconds behind.

At 3K Eric and Harry were still neck and neck and averaging just under 5m15s pace. At this point Rachel was close to a minute behind Eric, but Rachel had started pulling away from Peter. Rodney found the early pace a little too much and decided to settle into his own rhythm. Des started conservatively but by 3K had eased past Rodney. The early pace proved a little too hot and Eric started pulling away from Harry on lap 4. When Rachel lapped me, she looked like she was on a mission – "Rachel I go from the gun, because I can" had started pulling Harry in and sure enough at 5K she had eased into 2<sup>nd</sup> place overall. After 6K Rachel was exerting girl power (Taranaki's own spice girl - Sporty I guess) and was only 14 seconds behind Eric. Over the last few Ks, Eric managed to open the gap just a little and by the end it was only 24 seconds between them. For 2012 Eric is the men's champion in 53m40s and Rachel the Women's in 54m4s. A strong finishing Peter got past Harry for second, with Harry holding out a strong finishing Des for 3<sup>rd</sup> place. Vanessa walked her own race to be second woman in 58m44s.

#### Results

Name	Grade	Distance	Closed		Place	Pts				
			Handicap	Time						
A Grade										
Harry Terwiel	M50	10K	56:15	55:19	1st	2				
Peter Fox	M55	10K	56:50	54:34	1st	2				
Tony Burrell	M55	10K	1:06:30	1:02:57	2nd	6				
Eric Kemsley	Мбо	10K	55:55	53:40	1st	2				
Alan Clarke	M6o	10K	1:07:00	1:04:36	2nd	2				
Dave Barrett	M6o	10K	1:14:00	1:12:21	3rd	2				
Rachel Gilberd	W35	10K	56:45	54:04	1st	4				
Sandra Moratti	W40	10K	1:05:00	1:04:33	1st	2				
Vanessa Lowl	W45	10K	59:40	58:42	1st	2				
Serena Coombes	W45	10K	1:04:10	1:02:47	2nd	2				
Helen Baverstock	W50	10K	1:10:15	1:07:52	1st	2				
Michelle Nicholsor	n W50	10K	1:15:00	1:12:20	2nd	3				
Theresa Large	W55	10K	1:04:10	1:00:27	1st	7				
Anne Fraser	W55	10K	1:09:50	1:10:21	2nd	2				
Marlene White	W6o	10K	1:03:55	1:04:23	1st	2				
B Grade										
Mike Nield	M45	10K	59:20	1:01:39	1st	2				
Tom Hastie	M70	5K	36:25	34:04	1st	8				
Arthur	M8o	5K	39:30	37:42	1st	5				
lvor	M85	5K	45:45	44:21	1st	2				
Sue Park	W65	5K	40:10	38:38	1st	2				
Helpers										
Trevor, Denise, Mary, Frances										
Judges										
Brian, Tanya, Graeme, Alan Jones, Colin Gibbon										
bhan, ranya, draenie, Alan Jones, Collin dibbon										

Theresa is proving a fantastic asset to the club and once again took a massive amount off her PB. She was 3<sup>rd</sup> woman home overall in a time of 1h0m27s.

Marlene started conservatively this year after having a few episodes recently. Her conservative meant that I got to walk with her for 5K, which we did in 32m25s. Trouble was she talked the whole way and I just grunted and groaned at her. I presumed she liked a heavy breathing man next to her, but no she took off from me the moment we passed halfway, not sure what I said but I never saw her again. Marlene finished strongly in 64m23s.

In the Seniors event, Serena was the other stand out walker, finishing in an excellent time of 62m47s. The most pleasing result in the A grade was the fact that 15 walkers put themselves in front of the judges and nobody was disqualified. Those travelling to Wellington for the National champs are – Eric, Serena, Theresa, Marlene, Anne and Helen.

Tom's performance was the highlight of the B grade 5K, doing this in a staggering 34m4s. This gave him 8 points on handicap and took him into the lead once more in the Points trophy.

# Points Trophy

Name		Wind	lvor's	Serena	Helen's	Norm	Ekiden	Odd	Open	The G	ibbons	Day 1	Fox	Road
	Total	Wand	Oakura		Special	Read	Littacii	Ball	Walks	Links		Champs		Champs
Tom Hastie	44													
Mike Nield	43									3				
Serena Coombes	40							5		5		4		
Helen Baverstock	37					3								
Ivor Ellis	36		5											
Jeff Wells	36										5			
Marlene White	35													
Alan Clarke	34													
Harry Terwiel	33												5	
Michelle Nicholson	32	4			5									3
Arthur Lester	31													5
Vanessa Lowl	31				4	5								
Gaylene Phillips	30													
Brian O'Shea	28													
Dave Barrett	28					5								
Rachel Gilberd	28													4
Sue Park			3											
Sherryn Hardy	27	5												
Dave Wackrow	24			4										
Tony Burrell	24													
Peter Fox	23													
Lorraine Eldershaw	21							4						
Trevor Suthon														
Anne Fraser														
Eric Kemsley														
Julie Gardner														
Mary Hastie	19													
Kathleen Adamski														
Tanya Campbell														
Neil Fagan	17													
Sandra Moratti														
Theresa Large														
Frances Kemsley	15													
Denise Clark	13													
Marion Dent														
Valda Goodey														
Juniors														
Hannah Gilberd														