

The Links

Michelle's Report

New course and what a beauty. No doubt the sun shining upon us and no wind made it seem more appealing but it was a great surface to walk on, relatively flat and a few loopy bits so we could easily keep an eye on one another. The views of Eggie were an added bonus, almost made me forget how hot I was. Not sure if Joelle was keen on looking at it as she had climbed halfway up there earlier in the week and her legs were letting her know about it.

Brian decided to make the most of being in unfamiliar surroundings and included a trip to the golf course before the event, perhaps that's why Marlene had a real drive going on. I thought Helen must have been feeling below par as she didn't seem to be getting any closer to me, which is not the case usually. The official answer was that she was working on her technique, or was she being far wiser than myself with the Open walk fast approaching.

Sue and Tom once again walked together for most of the event but I believe Sue got to the finish line first. Such a gentleman Tom, letting a lady go first. Remember that Dennis. On the other hand I thought that Harry was literally going to walk over Marlene on the way to the finish line, with those long legs Marlene probably wouldn't even had had to duck.



Mike again had a strong race along with quite a few others. I know there were some PBs out there today, unlike Alan I don't recall everyone's times, but congratulations to those that did manage PBs. Eric the eagle flew like a birdie and had the fastest time of the day. Jeff got under 60 minutes and was heard to say that he could now relax and cruise for the rest of the season. Yeah right. Most of you probably didn't notice but I had Jeff's singlet to return to him and Alan's clipboard to hand over to the timekeepers, won't tell you why I had the items but - the things a woman has to do to manage a win - think I'll just train harder from now on.

Sheryn got a bit close to the pond and managed to get a frog in her throat, hope you returned it to the pond when you'd finished with it. Alan if you'd been out there today with your green shoes on I could have written about you being on the green. As it was there were a few bogies on the road to avoid. Don't you people have handkerchiefs?

I looked up St Andrews (yes I know it's a golf course) just to see if he was the patron saint of walking or sunshine but could only find a reference to him being invoked to help with gout and stiff necks. Not sure if he helps you get them or fixes them.

Back to Anne's place as our 19th where her greenkeeper had cooked up some sausages on the bbq for us ravenous lot, thanks Ross, much appreciated and well cooked. Thank you also to Marion and Trevor our timekeepers even if Marion did tease me by saying I only had three laps to go and I'd only completed one, thought I was going well but not that good.

The Bystanders Report

Who said it was winter? After the torrential rain we've had for the last few days culminating in the storm Saturday evening. New Plymouth was back to it's glorious best with a cloudless blue sky a warm sun and no rain.

Eric & Tony really excelled themselves with this new course, as it had a new smooth surface, it was flat and as each lap was only 1.25km walkers could keep an eye on the opposition for practically the whole time; going by some of the times it was also very fast. Everyone was delighted with this course so let us hope we can use it a few more times before it becomes a built up area.

Twenty two walkers did this race and most were very pleased with their times with some being ecstatic as they did PBs for 10km. Before the race, Helen, Anne & Wacky were under orders to concentrate on their styles and not to worry about times etc which they all did to varying degrees of success, whilst Marlene was told to 'go for it'. With just five of the starters exceeding the handicappers estimated time, he has some head scratching to do for the next race.



Denise, Francis and Michelle all started on scratch with our own Peter Pan, two and a quarter minutes later; you are obviously getting faster Ivor. Our bionic woman Sue went off after five minutes with Tom and they walked together for the whole race until I assume she put in one of her bursts at the end to cross 2secs in front of Tom.

Some of the walkers haven't been able to do much, if any training which showed in their times; Sandra was one of these but a lot of members would give their eye teeth to have that lovely relaxed, casual style of hers.

Michelle who has had a sciatic problem for a while now, seems to be ok again and her times are starting to come down, which makes the effort of getting out of bed at 5.00am to train to get back her fitness, all worth while; so it was just reward when she won this race.

Sherryn is taking this walking, like a duck to water and you can tell the effort she puts into each race by the way she is 'glowing' at the end and is a deserved leader on the Points board. Although Joelle still refuses to show me her knees she is getting stronger with each race.

Marlene who had the spur again of not letting Tony catch her, really obeyed her coach for once and gave it her all and if she hadn't decided to walk with Anne for a while and have a chat, she could have come in 3rd; as it was Harry out sprinted her in the finally metres. Nevertheless, she did her fastest time ever which included her NZ record by over half a minute. See what a bit of training can do Marlene ?

Mike showing the benefit of all his marathon training over the past months, flew around the course to achieve a PB. Carry on like this Mike and Harry will have to watch out. In fact four of our senior men went under the hour between one and four minutes under their handicap times, so well done you guys.

After the race we all retired to Anne's place where head chef Ross had all the eats under control, which completed a most enjoyable morning.

Results

Name	Grade	Est Time	Handicap	Clock Time	Race Time	Pts
Senior Men						
Mike Nield	M	1:01:15	0:15:30	1:13:07	0:57:37	8
Harry Terwiel	M	0:58:15	0:18:30	1:13:59	0:55:29	4
Jeff Wells	M	1:01:15	0:15:30	1:15:14	0:59:44	2
Eric Kemsley	M	0:54:00	0:22:45	1:15:44	0:52:59	2
Dennis Hastie	M	1:08:45	0:08:00	1:15:48	1:07:48	2
Tony Burrell	M	1:04:45	0:12:00	1:16:05	1:04:05	2
Dave Barrett	M	1:13:15	0:03:30	1:16:56	1:13:26	2
Dave Wackrow	M	1:03:00	0:13:45	1:22:11	1:08:26	2
Vets						
Denise Clark	V	0:45:30	0:00:00	0:43:36	0:43:36	7
Sue Park	V	0:40:30	0:05:00	0:43:40	0:38:40	6
Tom Hastie	V	0:40:30	0:05:00	0:43:42	0:38:42	5
Mary Hastie	V	0:44:00	0:01:30	0:44:57	0:43:27	2
Ivor	V	0:43:15	0:02:15	0:45:45	0:43:30	2
Senior Women						
Michelle Nicholson	W	1:16:45	0:00:00	1:12:33	1:12:33	9
Marlene White	W	1:05:30	0:11:15	1:14:06	1:02:51	3
Anne Fraser	W	1:11:00	0:05:45	1:14:39	1:08:54	2
Sherryn Hardy	W	1:08:00	0:08:45	1:15:16	1:06:31	2
Joelle Xavier	W	1:11:45	0:05:00	1:16:14	1:11:14	2
Kathleen Adamski	W	1:14:45	0:02:00	1:16:40	1:14:40	2
Sandra Moratti	W	1:04:00	0:12:45	1:21:04	1:08:19	2
Helen Baverstock	W	1:13:15	0:03:30	1:22:00	1:18:30	2
Others						
Frances	5K				0:45:27	2
Helpers	Trevor, Marion, Brian, Colin					2

Points Trophy Standings

Name	Total	Wind Wand	Ivor's Oakura	Odd Ball	Norm Read	Ekiden	Helen's Special	The Links
Sherryn Hardy	39	4	6	9	9	2	7	2
Ivor Ellis	25	2	8	7	2	2	2	2
Mike Nield	25	3	2	2		2	8	8
Neil Fagan	25	7	2	9	5		2	
Serena Coombes	25	2	2	3	7	2	9	
Eric Kemsley	23	6	2	7	2	2	2	2
Vanessa Lowl	23	8	2	2	7	2	2	
Kathleen Adamski	21	9	2		3	2	3	2
Michelle Nicholson	21	2	2	2	2	2	2	9
Tom Hastie	20	2	3		8		2	5
Marlene White	19	2	2	2	2	2	6	3
Arthur Lester	17	2	4	5	2	2	2	
Tanya Campbell	17	2	9	2	2	2		
Harry Terwiel	16	2		2	2	2	4	4
Denise Clark	15	2	2	2	2			7
Jeff Wells	15		7	2	2		2	2
Alan Clarke	14	2	2	4	2	2	2	
Brian O'Shea	14	2	2	2	2	2	2	2
Helen Baverstock	14	2	2	2	2	2	2	2
Anne Fraser	13			2	2	2	5	2
Dave Barrett	12	2	2	2	2	2		2
Lorraine Eldershaw	12	6	2		2	2		
Sue Park	12	0	2	2			2	6
Tony Burrell	12	2	2	2		2	2	2
Trevor Suthon	12	2	2	2	2		2	2
Joelle Xavier	11	2	5			2		2
Marion Dent	10		2	2	2		2	2
Mary Hastie	10		2		4		2	2
Dave Wackrow	8				2	2	2	2
Dennis Hastie	8			2	2	2		2
Frances Kemsley	8	2	2	2				2
Sandra Moratti	6				2	2		2
Rachel Gilberd	4			2		2		
Juniors								
Cody Campbell	14	4	2	3	5			
Noah Campbell	12	2	2	6	2			
Jacob Campbell	10	3	2	5				
Jaide Coombes	7	5	2					
Hannah Gilberd - G9	4			4				
Nicole Moratti - G10	4				4			
Deanna Moratti - G12	3				3			
Renee Moratti - G14	0							