



55th TARANAKI OPEN WALKS WEEKEND 2019

The Club would like to invite you and any of your walking friends to our Weekend of Open Walks on the 8th June in New Plymouth. The Kaimata 1km circuit to be used is on a marshalled open road.

Weekend Format

The weekend combines a mixture of competitive walking with an evening Social event on the Saturday, then a social walk and morning tea/coffee on the Sunday morning. All A and B grade walkers and anyone who wishes to try competitive walking will be warmly welcomed to our event. In the unlikely event of a Walker being disqualified, their number will be marked so the Judges will be aware to no longer judge them and they can complete the full distance. After the event the Judges can be approached for feedback.

Saturday Evening Prize-giving and Dinner

A group dinner will be held at the Marbles Buffet Restaurant, The Devon Hotel, 390 Devon St East, from 6.30pm. You will pay for your own meals on the night – Adults \$44.90, Seniors \$32.90, Under-18 \$29.90, Under-15 \$24.90, Under-10 \$19.90. Prize-giving will be built into the evening. This is a fantastic opportunity to mix with your fellow walkers over drinks and dinner.

Prize-giving cups and certificates will be presented – there will also be spot prizes and a raffle or two. If you intend going to the dinner could you please indicate on the entry form.

Sunday Format

We will have a Social walk (probably encompassing the coastal walkway). If you are up for an hour or so easy walk we will see you at 8.30am at the Pukekura Park gates at Liardet St, with morning tea/coffee to follow at the Pukekura Park kiosk at 9.30am – all welcome to either or both events.

Saturday Race Information

Time: Saturday 8th June 2019. All races start at 1.00pm. Registration is open from 12.00 noon. Please ensure you allow sufficient time to register and attach race numbers. There will be a compulsory race briefing at 12.55pm.

Course: The Kaimata 1km course start/finish and registration is located at the southern end of Brooklands Park on Kaimata St. The course is Kaimata St, right onto Somerset St, small dog leg into Cornwall St, Somerset St, right onto Exeter St, right onto Brooklands Rd, right onto Kaimata St. There is ample parking available on the grass verge on northern side of Kaimata St.

Lap scoring: You may need to provide your own lap scorer.

Handicap times: Please ensure that the performance times you provide for handicapping purposes are realistic. The handicapper reserves the right to ignore any race time that betters a performance standard by 4% or more when awarding the trophies and prizes.

Entry Fees: \$30 adults - \$15 under-20

Trophy and Distance Categories

Hawera Cup	A Grade 15km Closed Handicap event – Male and Female Judging is to full IAAF rules regardless of age Participants can choose to continue and complete 20km providing they can finish within 2hrs 30m, however only their 15km time will qualify for the Hawera Cup and a certificate issued for the 20km finishers. The Club reserves the right to NOT proceed with the 20km if there is not sufficient 20km entries. If any 15km walkers are continuing on to do 20km please tick BOTH 15km & 20km boxes on the entry form
Campbell Cup	Women’s Closed Handicap event SW and VW – 10km W70+ - 5km (or can choose to do 10km) Both A Grade (full IAAF rules) and B Grade (“no advantage”) judging rules
Trevor Suthon Cup	Men’s Closed Handicap event SM and VM – 10km M70+ - 5km (or can choose to do 10km) Both A Grade (full IAAF rules) and B Grade (“no advantage”) judging rules
TAWC Cup	Youth 10km Closed Handicap event – Male and female 19 and under Full IAAF rules apply
Bird Cup	Junior Closed Handicap event – Male and Female M16, W16 – 5km B14, G14 – 3km B12, G12 – 2km Full IAAF rules apply

Basic Rules

Race numbers must be worn on the front and back – they must be clearly visible at all times.

A Grade walkers will be issued with Black race numbers

B Grade walkers will be issued with Red race numbers.

Required to wear your full and correct Club uniform.

Shorts must be above the knee.

There will be Race Walking Judges who are also designated as Umpires who will observe the race to ensure the course is followed. The Race Walking Judges will apply IAAF Race Walking Rules to all “A” grade walkers. A caution will, wherever possible, be issued before a red card (in keeping with the latest IAAF protocols). A Judge can issue a red card without advising the walker.

All competitors must obey the Race Referee at all times.

NO iPods or other devices that are deemed a hazard to the Walker’s safety are to be used.

Any further information contact

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